

Thank you for scheduling an appointment with Orthopedic & TMJ Physical Therapy Center. We are doing our best not only to help your body feel better, but also to enact extra procedures for community health. In light of this, please:

1. Cancel your appointment if you are currently sick, or if you or a household member tested positive for covid within the week. We prefer, if possible, friends/family not enter the clinic.
2. Unless you are a new patient with paperwork, please enter the clinic at your appointed time.
3. It's our preference for you to take your shoes off upon entering the clinic. This is optional. There is a place to leave your shoes in the waiting room.
4. Use our natural hand sanitizer, your own, or wash your hands in the bathroom before your treatment.
5. Place your belongings in the provided container when in your treatment room.
6. Wearing a mask is required in the clinic's common areas per state guidelines for healthcare facilities. It is optional if you'd like to wear one in your treatment room. Your Physical Therapist will wear a mask.
7. Upon leaving your treatment room, wash your hands for 20 seconds in the sink.

Our Procedures:

1. All therapists will wear a mask and wash hands thoroughly before and after each treatment.
2. Each room is disinfected on all touched surfaces and bleached, clean linen is placed.
3. The front desk surfaces and front door knobs are disinfected after each patient interaction.
4. Each evening, the air is filtered in treatment rooms.

Thank you for your patience with these procedures as they do take extra time. If you see anything we could improve upon, let us know.

Wishing you abundant health and wellness,

Carol Conrades, PT and Team