

**Thank you for scheduling an appointment with Orthopedic & TMJ Physical Therapy Center. We are doing our best not only to help your body feel better, but also to enact extra procedures for community health. In light of this, please:**

1. Cancel your appointment if you are experiencing COVID-19 type symptoms (fever, cough, congestion, shortness of breath).
2. We prefer, if possible, friends/family to not remain in the waiting room during your appointment. We understand that drivers and schedules sometimes make it necessary to have friends/family along, and if that is the case, it is fine for them to use the waiting room.
3. Option to remove your shoes before entering the back offices.
4. Use our natural hand sanitizer located in the front waiting room, your own sanitizer, or wash your hands in the bathroom before your treatment.
5. Place your belongings in the provided container when in your treatment room.
6. Wearing a mask is required in the clinic's common areas. It is optional if you'd like to wear one in your treatment room. Your physical therapist will wear a mask.

**Our Procedures:**

1. All therapists will wear a mask and wash hands thoroughly before and after each treatment.
2. Each room is disinfected on all touched surfaces and bleached, clean linen is placed.
3. Air filters will be running in treatment rooms and common areas.

Wishing you abundant health and wellness,

Carol Conrades, PT and Team