



**ORTHOPEDIC
& TMJ
PHYSICAL
THERAPY
CENTER**

- TMJ/Jaw Disorders
- Headaches
- Painful Neck, Back & Extremities
- Coccyx/Tailbone Pain
- Posture/Ergonomics
- Stress management Skills
- Pregnancy Aches/Pains
- Urinary & Fecal Incontinence
- Pelvic Pain
 - Vaginismus
 - Vulvodynia
 - Interstitial Cystitis
 - Painful Intercourse

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In Network Insurance Plans:

- *Aetna (except Meritain)
- *Regence Blue Cross/BCBS/Out of state Blue Cross (excluding Silver PeaceHealth) Bridgespan
- *Cigna Healthcare Management Administrators (HMA) out of WA
- *Health Net- No ND Rx's, has to be MD Auth, Centene Corporation Emp. Premier PPO, Basic PPO and High deductible Health Plan PPO, Community Care, MC Advantage MHN PPO
- Medicare - Traditional & Advantage, but Providence only if plan has Out of Network Benefits
- *MODA – Beacon, Connexus, Synergy, Affinity, Summit & Community Care networks Out of network for OHSU + plan
- *Multiplan (Private Health Care Systems) OHSU Community Care, OHSU PPO (25 visits before auth)
- *PacificSource Health Plans, EBMS, Legacy Health Plan
- *Prime Health Services PPO ProAmerica (Multiplan)
- Providence Health Plans – TMJ and EPO only, not Providence Preferred PPO starting 2023
- UHC MC through South Tabor ONLY!

Worker's Compensation/Auto Insurance Claims:

- CareMark for Workmans Comp. SAIF
- Providence WC
- Others

Out Of Network Insurance Plans (benefits may be available):

- First Choice Health, Kaiser Added Choice through First Choice
- First Health (Healthcare Direct, Coventry)
- Great West
- Integrated Health Plan
- Kaiser Added Choice, no out of network benefits available with other Kaiser plans
- Lifewise
- Meritain
- MODA – OHSU Employees, Rose City, and Cornerstone networks
- Oregon Health Systems
- Pacific Source - Legacy plus employee* only out-of-network
- Principle Financial Group
- PHA (Pacific Health Association)
- Providence – Connective care plan
- Three Rivers
- UMR
- United Health Care

Insurances we do not accept:

- Champ VA - If patient has as secondary, we can't go through insurance at all
- Triwest/Tricare
- Molina
- Trillium
- Oregon State Medicaid - If patient has as secondary, we can't go through insurance at all
- Providence Medicare
- Majoris unless by Dr. Approval

Please note that insurances accepted are subject to change.

*Plans with asterisks part of our NWRA contracts.